

MEDICALLY IDENTIFIED SPECIAL DIETS

At Manor Beach we are happy to provide special diets for pupils with allergies and intolerances who want to have a school meal. However it is important to note that special diets are provided for pupils with a medical problem, not just a dislike of certain food. We will require medical evidence confirming your child's allergy.

Our standard menu is nut free. However not all our ingredients are guaranteed nut free by the supplier, therefore it will be necessary to register a child as Nut free also.

To prevent cross contamination, our school kitchens are unable to accept any products that brought in by parents or guardians.

What do I do if my child needs a special diet for medical reasons?

We need you to complete our in house *medically identified special diet form*

There are three parts to the form:

Part A – to be completed by you as the parent or guardian

Part B – to be completed by your doctor or a registered dietician

Part C – to be completed by you once you've read the terms and conditions on our Medically Identified Special Diet Policy

Why do I need to provide medical evidence?

Withdrawing a food group from your child's diet should always be monitored by a health professional.

What if I do not want to register my children for a special medical diet menu?

We have a rigorous process in place to provide a safe meal service to pupils with food allergies or intolerances by providing a Medical Special Diet. We would always strongly recommend full registration for any child food allergies.

If you do not choose to register, you take responsibility for your child's choice and we strongly recommend that you consult with our allergy matrix, which is available through our school office. The matrix relates to the ingredients available on our current standard menu and provides information for the 14 major allergens.

When can your child receive their special diet?

Once we have received your completed form, it will be given to our head chef to devise your child's menu. This will either be a generic menu or named menu. This will then be completed within 10 working days. We will then inform you when your child can start eating a school lunch.

Identifying your child

We need to clearly identify your child when they are queuing to ensure we hand them the correct meal.

If your child has a special medical diet we will provide them with an orange silicone wrist band to wear. The kitchen team are also provided a photograph of your child to be displayed back of house.

We hold the special diet identification form on file as a record of special diet identity for every school in line with GDPR.

Will my child have the opportunity to take part when their school holds a theme day lunch?

Of course! If your child is already registered then we will be happy to provide a version of any special occasion meals that are inline with their requirements

What if my child would like to eat a school breakfast or select an option from the school tuck shop?

The orange wristband supplied for your child will make them easily identifiable to any staff member at the tuck shop and/or any before or after school club activities

Are your kitchens 'free from?'

Due to the risk of contamination, unfortunately we are unable to class our school kitchen as 'free from'. However, our staff are trained in allergy awareness and food safety so that you can have complete peace of mind that your child is safe while eating a school lunch.

How are special diets meals prepared?

We prepare and serve special diet meals using different baking sheets, cooking and serving utensils.

What information is needed to provide a medical special diet?

Parents and guardians should complete our form.

When should I apply for a medical special diet for my child?

As soon as your child's school place is confirmed, you should [complete our form](#) to tell us about your child.

Can you cater for special diets for religious or ethical reasons?

Other diets combined with special dietary requirements (e.g. lifestyle/religious)

In addition to our standard primary menu, we can offer a pork free, beef free or vegan menu. These can be requested through your school. If you require one of these diets and your child also has a food allergy or intolerance, you must complete our [medically identified special diet application form](#) and select the appropriate menu choice. On receipt of the completed and signed form, an adapted menu will be produced for your child and sent to their school.

Please note: You do not need to complete a form for a pork free, beef free, or vegan menu, only if your child ALSO has an allergy or intolerance would you need to complete the form.